## Ashok Hall Girls' Residential School, Majkhali Schedule for Monday to Friday

Time	Schedule
05:45 A.M.	Wake up call
06:00-06:30 A.M.	Morning Physical Conditioning (Jogging, Yoga and Aerobics)
06:30-06:50 A.M.	Milk
06:50-07:55 A.M.	Bath and Change
08:00-08:25 A.M.	Breakfast
08:30-08:45 A.M.	Assembly
08:50-09:30 A.M.	1st Period
09:30-10:10 A.M.	2 <sup>nd</sup> Period
10:10-10:50 A.M.	3 <sup>rd</sup> Period
10:50-11:00 A.M.	Short Break
11:00-11:40 A.M.	4 <sup>th</sup> period
11:40 A.M12:20 P.M.	5 <sup>th</sup> period
12:20-01:00 P.M.	Lunch
1:00-1:40 P.M.	6 <sup>th</sup> period
1:40-2:20 P.M.	7 <sup>th</sup> period
02:20 - 03:00 P.M.	8 <sup>th</sup> period
03:00 – 03:30 P.M.	Phone Call turns as per Roster/Visit to the school store for issue of items of personal use/ stationary
03:30 – 04:00 P.M.	Change for evening Games
04:00 – 04:20 P.M.	Evening Tea/ Snacks
04:25 – 05:35 P.M.	Evening Games
5:55 – 06:00 P.M.	Assembly followed by Evening Prep
06:00-07:30 P.M.	Supervised Evening Prep/Library, Music Lessons & Movie Shows on Alternate day for classes IV-VIII, Supervised Self Study for Classes VI-XII.
07:30-08:00 P.M.	Dinner
08:00-09:15 P.M.	Supervised Self Study VI-XII in Academic Block
09:20-09:35 P.M.	Dormitory Assembly in Common Room/Head Count
09:35-09-55 P.M.	TV Viewing (Only News)
09:30 P.M.	Lights off for classes IV-V
10:00 P.M.	Lights off for all